

Need Help: Call 877-996-5553 Anytime

Your doctor prescribed a Holter procedure using the Universal Pendant Monitor with Patient Cable. This guide will walk you through hooking up the monitor, recording symptoms when they occur, and returning the monitor when complete.

Warning

Using wired electrodes and the lanyard accessory may present a choking hazard. Do not wear the lanyard while sleeping or operating machinery. Adult supervision is required.

Recording Symptoms



Whenever you experience a symptom, press the Symptom button AND write the date / time, the symptom you felt, your location, and what you were doing on your diary log.

Be sure to return your diary log when you return the Holter monitor as instructed by your doctor.

tip

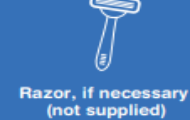
Be sure to notate in your diary the date and time of any exercise or overexertion.

Using the Universal Pendant with Patient Cable



Holter Procedures

What you need to get started:



If you were set up in your doctor's office, you may skip these next four steps and go directly to the **During Your Procedure** section.

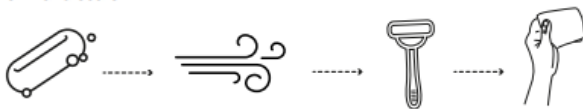
1

Prepare Your Skin

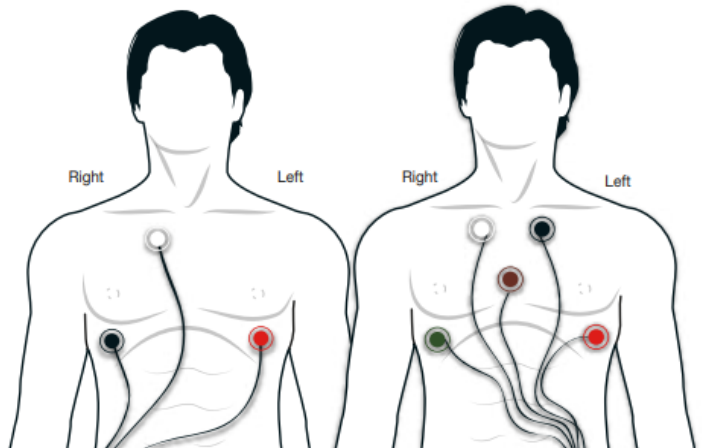
Take care in preparing your skin for application of the adhesive skin patches (electrodes). Good skin preparation means better ECG signal traces that, in turn, are easier for the doctor to review and evaluate.

Using the illustrations on the right as a guide, choose areas of the chest that are flat and not very muscular. Avoid skin folds or creases, irritated skin and scars.

1. Use **PLAIN** soap and water
No soap with lotions, oils, or fragrances
2. Dry thoroughly
3. Shave if necessary
4. Rub areas with Skin Prep Pad
5. Let dry



Remember, when looking in a mirror, your left and right sides will be reversed!



3-Lead Patient Cable

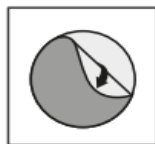
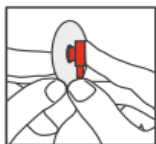
5-Lead Patient Cable

2

Apply Electrode Patches

Open a packet of electrodes. Snap the electrodes onto all the color leads of the Patient Cable.

Then, one by one, peel the backing from each electrode and apply it to your chest using the placement as shown in the illustrations on the right. Be mindful of where each color lead should be placed.

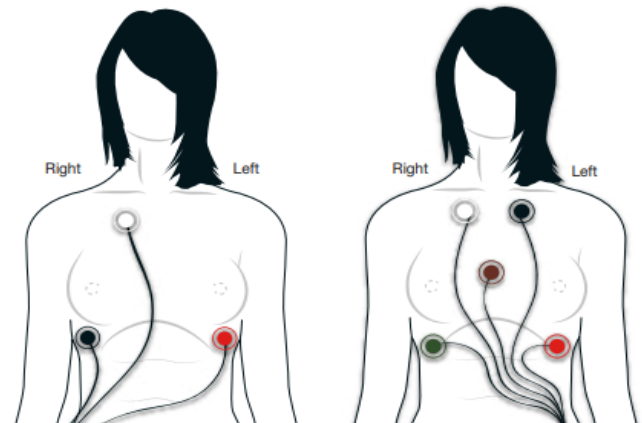


tip

Remember, "White on Right" when applying electrodes. This will help you remember to always place the white electrode on the upper right side of your chest.

tip

Change the electrode patches every two days. When re-applied, change their location slightly to lessen skin irritation.



3 Assemble Cable Cradle

Insert the assembled Pendant into the Cable Cradle. Make sure the Pendant is fully seated in the Cable Cradle.

Attach the Patient Cable by inserting the flat plug into the Cable Port at the base of the Cable Cradle.



Clip the provided lanyard accessory onto the loop at the top of the Cable Cradle to wear it around your neck. Alternatively, you may carry it in your pocket but be careful that the Patient Cable remains firmly connected.



Tip: Take care not to insert the Pendant upside down. Be sure the rounded end of the Pendant – the end at the bottom below the power button – is flush against the matching rounded part of the cradle.

4 Start the Holter



- 1) Make sure the Electrode is attached and in the proper position on your chest.
- 2) Make sure the Universal Pendant is firmly in its Cradle and powered on. **GREEN**, **ORANGE** and **BLUE** lights should be flashing in a circle.
- 3) Press the Symptom button 3 times to begin monitoring.
- 4) Confirm the **GREEN** light is now flashing SLOWLY (approx. every 2 seconds). This indicates the monitor is actively recording. *NOTE: If the Universal Pendant is not in the Electrode Cradle it will flash a fast **BLUE** light until inserted into the Cradle. Once in the Cradle, the Pendant should now flash the slow **GREEN** light.*
- 5) If the monitor is displaying any other flashing lights or audible sounds the Universal Pendant is not monitoring. Please call Medicomp's Customer Support at 877-996-5553.

5 Returning the device

It is important to return the device as soon as possible so Medicomp can analyze the data and provide a report to your doctor.

Mail to Medicomp Option:

If your device came with a postage paid return label please place the device, batteries, other equipment, and unused supplies in the kit and deposit in any USPS mailbox.

Return to Physician Office Option:

If there is not a return label included in the kit please place the device, batteries, other equipment and, unused supplies in the kit and return directly to your doctor's office.

Need Help?

We're here to help 24 hours a day.

Visit the online Patient Center at
www.medicompinc.com/patient-center

Call **877-996-5553**

Email patientsupport@medicompinc.com

Medical Property

The monitoring system prescribed by your doctor is an FDA regulated medical device, and is on loan to you. You must return it. Unreturned items may be invoiced.