



Duet™ *2-in-1* MONITOR

Wireless Event and MCT in One

Quick Start Patient Guide

What you need to get started:



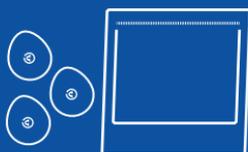
1. Pendant with patient cable



2. Smartphone



3. Skin prep pad



4. Packet of electrode patches



5. "AA" Alkaline Battery



6. Pendant belt clip

This guide will walk you through the basics of starting and using your Medicomp cardiac monitor for your heart monitoring procedure, as prescribed by your physician.

To provide your doctor with the best data to evaluate your cardiac health, it is important that you use the monitor properly and for the prescribed length of time.

Online Patient Center

medicompinc.com/patient-center

- Videos and How-To Guides
- Frequently Asked Questions
- Order Replacement Supplies

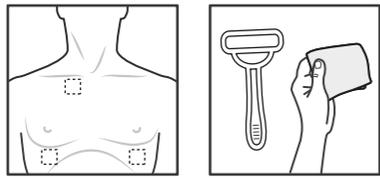
Telephone Assistance: 877-996-5553



MEDICOMP

Advancing diagnostic cardiology since 1981

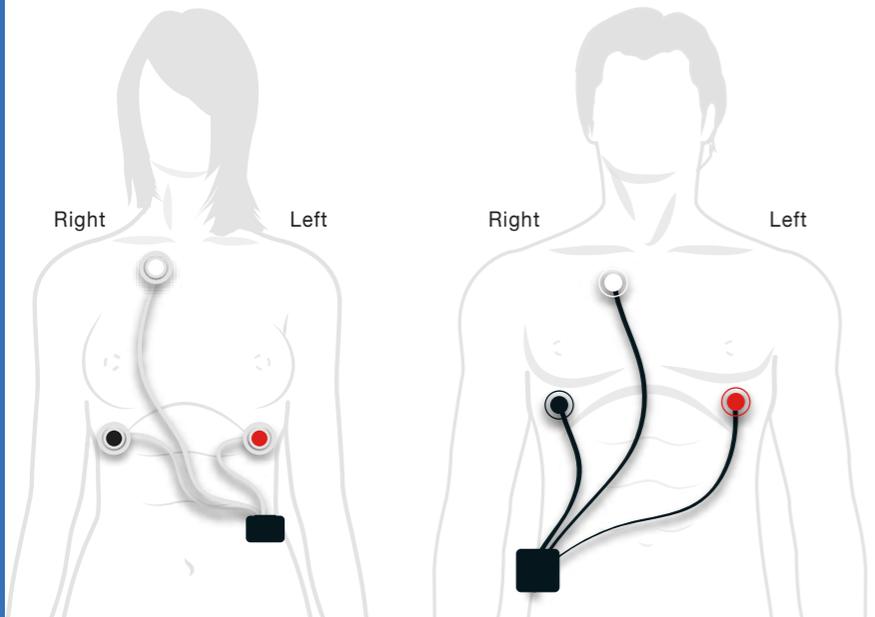
1 Preparing Your Skin



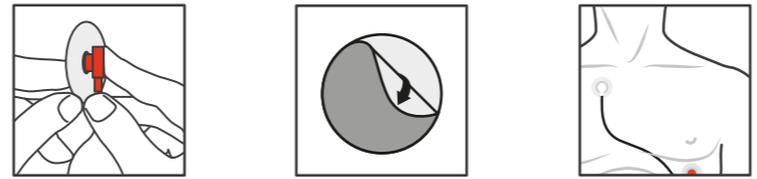
Find locations Shave/Prep

Take care in preparing your skin for application of the adhesive skin patches (electrodes). Good skin preparation means better ECG signal traces that, in turn, are easier for the doctor to review and evaluate.

Using the illustration below as a guide, choose areas of the chest that are flat and not very muscular. Avoid skin folds or creases, irritated skin and scars.



2 Applying the Electrode Patches

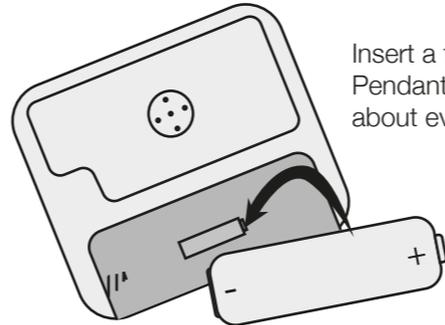


Snap Electrodes Peel backing Adhere to chest

One by one, peel each electrode from the backing and apply it to the chest, using the placement in the illustrations and being mindful of where the white, red and black electrodes should be placed.

- tip** Remember, “White on Right” when applying electrodes. This will help you remember to always place the *white* electrode on the upper *right* side of your chest.
- tip** Change the electrode patches every two days. When re-applied, change their location slightly to prevent skin irritation.
- tip** Keep the Pendant and Smartphone in close proximity to each other as much as possible during your procedure, so data transfer can occur.

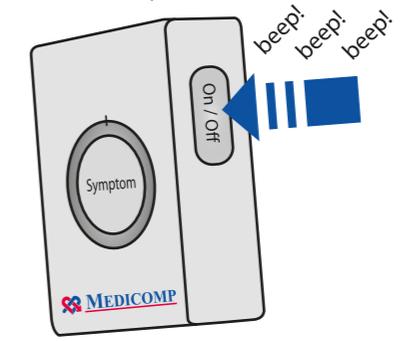
3 Starting the Pendant



Insert a fresh battery into the Pendant. Pendant batteries need to be changed about every 1½ to 2 days.

tip Whenever changing the battery, always turn the pendant off first by pressing and holding the On/Off button until you hear three solid tones.

Press and hold the **On/Off** button on the side of the Pendant until you see the device lights blink and hear a three-tone chirp.



tip Pendant (Pd) and Smartphone (SP) battery percentages are found on the display screen of the Smartphone.

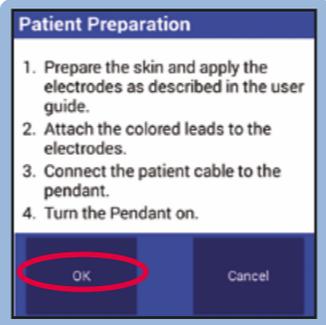
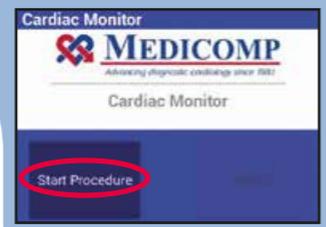
4 Starting the Smartphone



Press & Hold Power Key

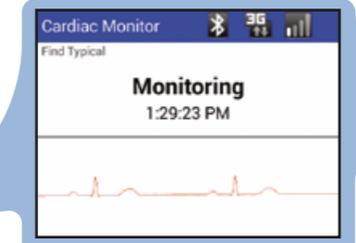
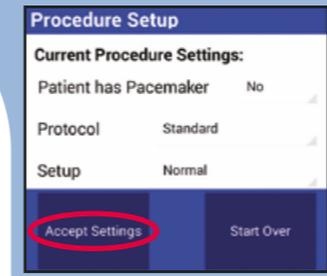
Wait for the Smartphone to run through its initialization process until the main screen appears.

Tap **Start Procedure** on the Smartphone.



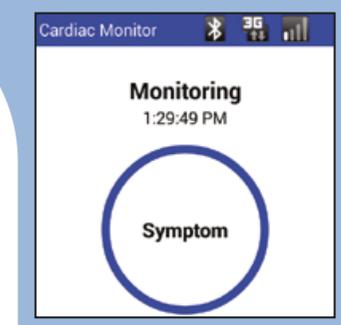
Tap **OK**.

Tap **Accept Settings** to continue. *If you have a pacemaker or are connecting a child, change the settings on the Procedure Setup screen. If you need assistance, please call us at 877-996-5553.*



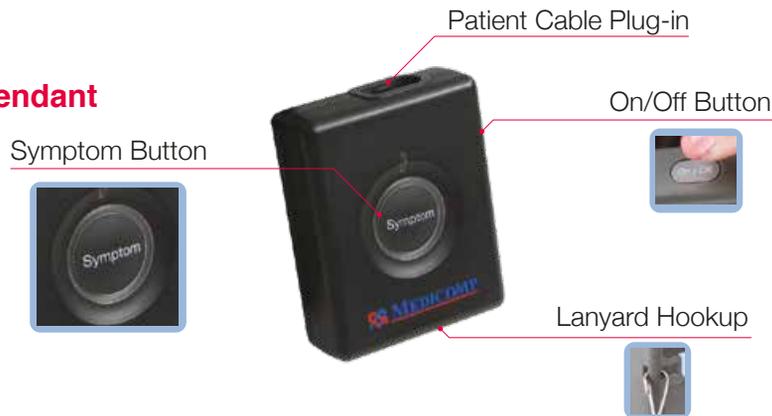
When the Smartphone has recognized your ECG, the ECG waveform will disappear and the screen will display *Monitoring*.

Your cardiac monitoring procedure is now running.



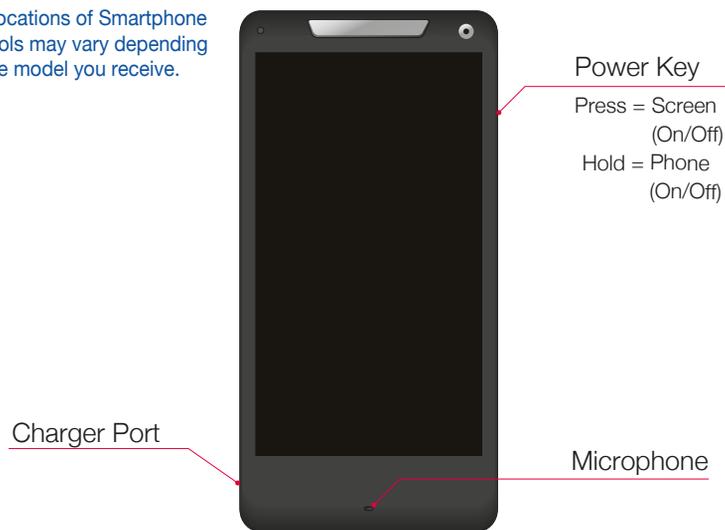
Monitor Diagram

Pendant



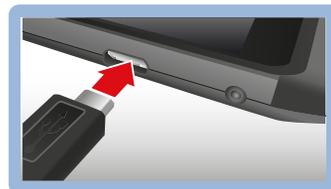
Smartphone

The locations of Smartphone controls may vary depending on the model you receive.



Charging the Smartphone

The Smartphone needs to be charged daily. Plug the charger into the Smartphone and into a wall outlet.

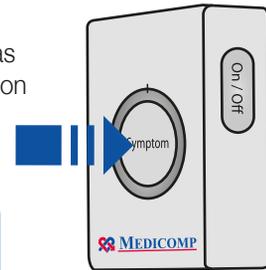


tip If at anytime during your procedure you believe you are having a medical emergency, call 911. Continue to wear the monitor until advised by a medical professional.

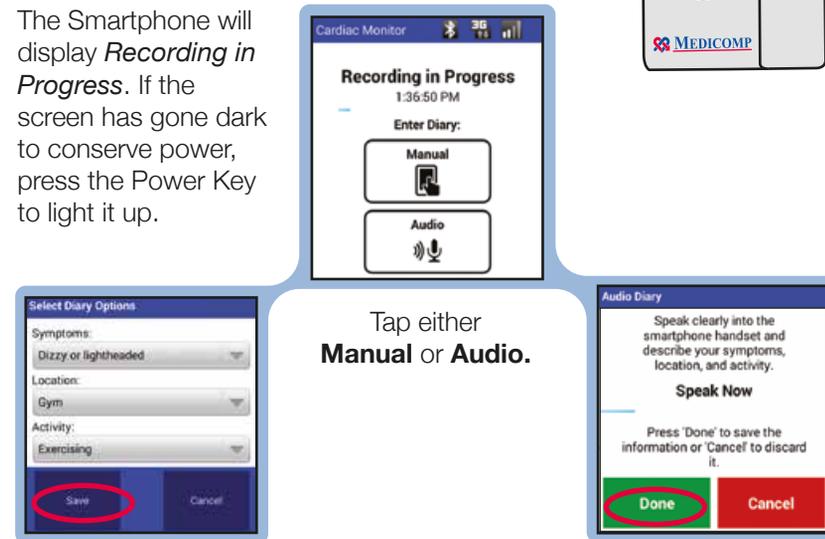
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Recording and Sending Symptoms

When you experience a symptom, or at other times as directed by your doctor, press the **Symptom** button on the Pendant or tap **Symptom** on the Smartphone.



The Smartphone will display *Recording in Progress*. If the screen has gone dark to conserve power, press the Power Key to light it up.



Tap either **Manual** or **Audio**.

Manual

From the three drop-down menus, select your *Symptoms*, *Location* and *Activity*. Tap **Save** when done.

Audio

Speak clearly into the smartphone microphone and describe your *Symptoms*, *Location* and *Activity*. Tap **Done** when done.

tip Your diary entries provide important information for your doctor. Use it every time you make a manual recording.

Returning the Equipment

When your procedure is complete, place the Smartphone, Pendant, Pendant Batteries, Battery Charger and Charger Cord – along with any unopened Electrode Patches and other unused accessories – back into the Kit. Place the kit into the postage pre-paid return envelope included in the kit, seal it, and then place the package into your mailbox or any USPS mailbox to be delivered back to Medicomp.

Property of Medicomp

All equipment is property of Medicomp. Please return promptly after use. Unreturned items may be invoiced.