

TelePatch™

Holter



Patient Guide

Welcome!

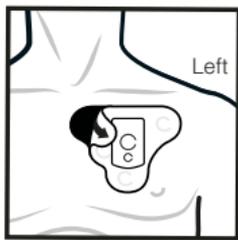


Your doctor has prescribed a Holter procedure for you using one of the two patch styles shown above. You should have been set up in your doctor's office.

When your procedure is complete, a **green** and **blue** light will blink alternately for a few seconds and then the Pendant will shut off. **Promptly return the equipment and your completed diary to your doctor's office so that your data can be analyzed.**

Replacing the Patch

You should not have to replace the Patch during your short procedure. Leave the Patch on until it no longer sticks to your skin or until the procedure is complete. An extra Patch may be included in the kit. If necessary, apply water directly between the Patch and your skin to help remove it. Be sure to remove the Pendant from the Cradle, and then you may dispose of the used Patch.



Remove Patch



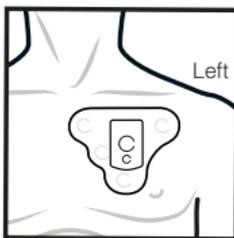
Open New Patch



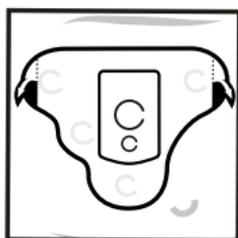
Insert Pendant



Peel Backing



Adhere to Chest



Remove Tabs

Recording Symptoms

Whenever you experience a symptom, press the **Symptom** button AND write the following into a diary: the date and time, the symptom you felt, your location, and what you were doing.

Return your completed diary to your doctor's office.



Restarting the Pendant

You should never need to power the Pendant off. The only exceptions are when changing the Battery or replacing the Patch, two tasks you should not have to perform during your short procedure.

To start monitoring again after a restart, follow these steps:

1. Make sure the Patch is attached in the proper position on your chest.
2. Make sure the Pendant is firmly in its Cradle and powered on and the green light is flashing *rapidly*.
3. Press the **Symptom** button three times.
4. Confirm the green light is flashing *slowly*, indicating monitoring has begun.

Green Light
Slowly flashing = Monitoring OK*



*Any other visual or audible indication may mean the Pendant needs attention.

Changing the Battery

You should not have to change the Battery during your short procedure.

The Pendant will beep and display a flashing **orange** light when the Battery needs to be changed (about once a week).

1. Power off the Pendant by pressing and holding the **Power** button.
2. Unlock the Battery and remove it from the Pendant.
3. Replace with a fully charged Battery and lock it.
4. Turn the Pendant on and restart monitoring. Refer to *Restarting the Pendant* on the previous page.

An extra Battery may be included in the kit. Recharge the used Battery with the included Battery Charger and Charger Cord.



Do's and Don'ts

- DO wear the Patch and Pendant day and night for the entire length of your procedure.
- DO make sure the Pendant is always powered on and working properly. Check for a slow flashing green light.
- DO make sure the Pendant is pushed fully down in the Patch Cradle with the battery lock facing down.
- DO always power the Pendant off before removing its Battery or changing the Patch, and remember to turn it back on.
- DO wear the Patch and Pendant in the shower. It is water resistant, but try to avoid prolonged contact with water.
- DO dry both the Pendant and the Patch Cradle after getting wet.
- DO NOT swim with or otherwise submerge the Pendant in water.
- DO take out the Pendant from the Patch Cradle before disposing of used Patches.
- DO NOT dispose of the Pendant or Batteries.

Need Help?

We're here to help 24 hours a day.

Visit the online Patient Center at
medicompinc.com/patient-center

Call **877-996-5553**

Email **patientsupport@medicompinc.com**

Medical Property

The monitoring system prescribed by your doctor is an FDA regulated medical device, and it is on loan to you.

You must return it.

Unreturned items may be invoiced.