

# Using the Universal Pendant with Patient Cable



## Event and MCT Procedures

### What you need to get started:



Patient Cable  
3-Lead or 5-Lead



Handset



Universal Pendant  
and Battery



Skin Prep Pad, Razor  
if necessary (not supplied)



Cable Cradle



Packet of Electrodes

## Help?

Online: [medicompinc.com/patient-center](http://medicompinc.com/patient-center)

Email: [patientsupport@medicompinc.com](mailto:patientsupport@medicompinc.com)

Phone: 877-996-5553

### Please Note

These instructions supplement the *TelePatch™* User Manual. Please refer to the manual and other helpful resources at [medicompinc.com/telepatch/userinfo](http://medicompinc.com/telepatch/userinfo).

### Warning

Using wired electrodes and the lanyard accessory may present a choking hazard. Do not wear the lanyard while sleeping or operating machinery. Adult supervision is required.

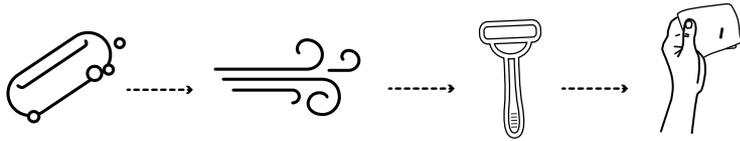
# 1

## Prepare Your Skin

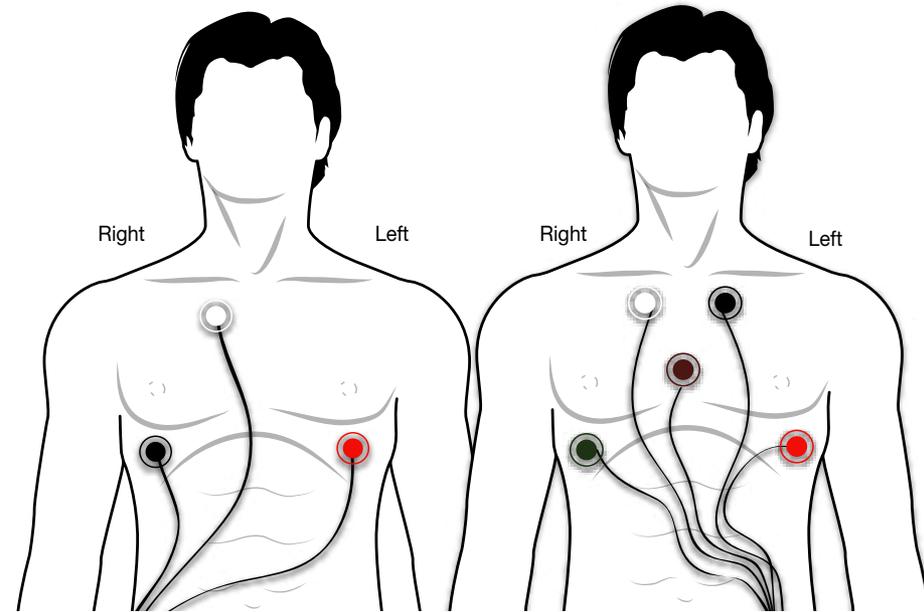
Take care in preparing your skin for application of the adhesive skin patches (electrodes). Good skin preparation means better ECG signal traces that, in turn, are easier for the doctor to review and evaluate.

Using the illustrations on the right as a guide, choose areas of the chest that are flat and not very muscular. Avoid skin folds or creases, irritated skin and scars.

1. Use **PLAIN** soap and water  
No soap with lotion, oil, or fragrance
2. Dry thoroughly
3. Shave if necessary
4. Rub areas with Skin Prep Pad
5. Let dry



Remember, when looking in a mirror, your left and right sides will be reversed!

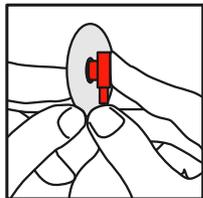


# 2

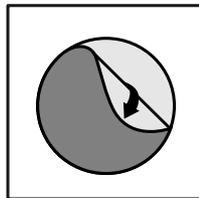
## Apply Electrode Patches

Open a packet of electrodes. Snap the electrodes onto all the color terminals of the Patient Cable.

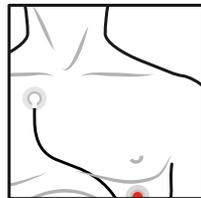
Then, one by one, peel the backing from each electrode and apply it to your chest using the placement as shown in the illustrations on the right. Be mindful of where each color terminal should be placed.



Snap Electrodes



Peel backing



Adhere to chest



Remember, “White on Right” when applying electrodes. This will help you remember to always place the **white** electrode on the upper **right** side of your chest.

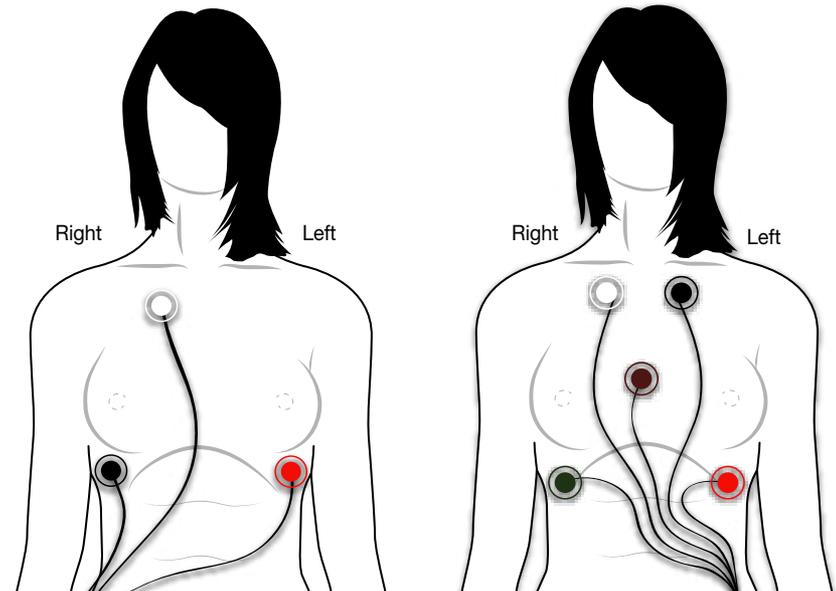


Change the electrode patches every two days. When re-applied, change their location slightly to lessen skin irritation.

3-Lead Patient Cable



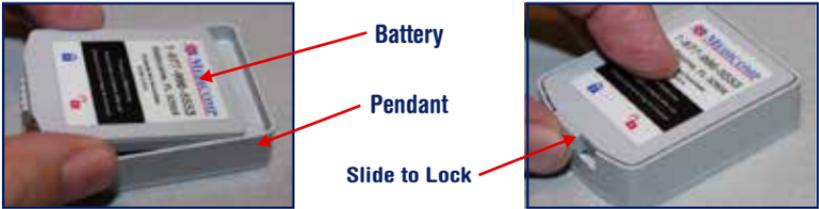
5-Lead Patient Cable



# 3

## Assemble Pendant and Cable Cradle

Attach a fully charged Battery onto the back of the Universal Pendant, and then lock it in place by sliding the small latch into the locked position. The Medicomp label on the battery should be face up.



The Pendant should power on when a charged battery is inserted, indicated by flashing lights and a three-tone chirping sound. If it does not start, turn on the Pendant manually. You may turn the Pendant on and off by pressing and holding the **Power** button. (See illustration below.)

Insert the assembled Pendant into the Cable Cradle. You should hear a click indicating the Pendant is securely inserted.

Attach the Patient Cable by inserting the flat plug into the Cable Port at the base of the Cable Cradle.



Clip the provided lanyard accessory onto the loop at the top of the Cable Cradle to wear it around your neck. Alternatively, you may carry it in your pocket but be careful that the Patient Cable remains firmly connected.

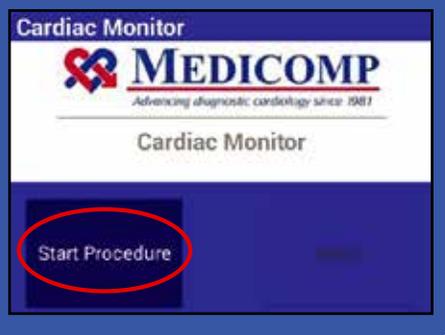


**Tip:** Take care not to insert the Pendant upside down. Be sure the rounded end of the Pendant — the end at the bottom below the power button — is flush against the matching rounded part of the cradle.

# 4

## Start the Handset

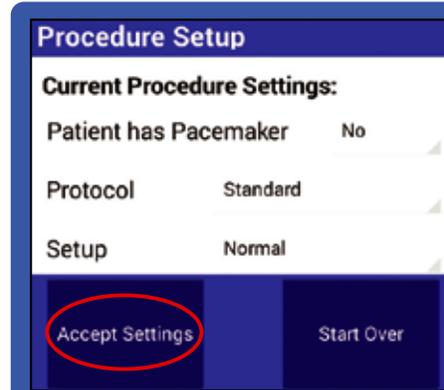
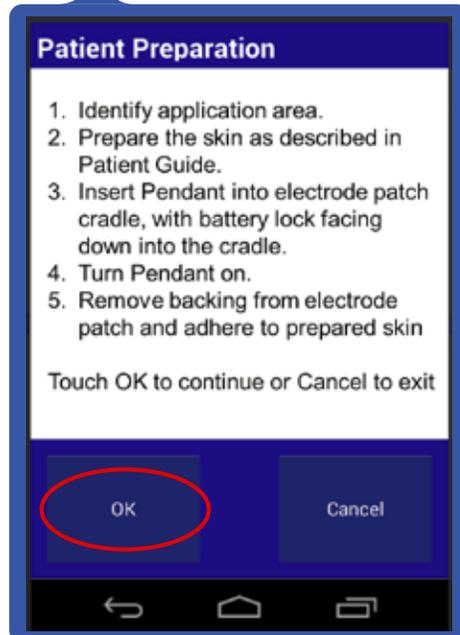
1. Turn on the Handset by pressing and holding the **Power** button until you see the display activate, then let go.



2. Wait for the Handset to run through its initialization process until the main screen appears.

Tap **Start Procedure** on the Handset.

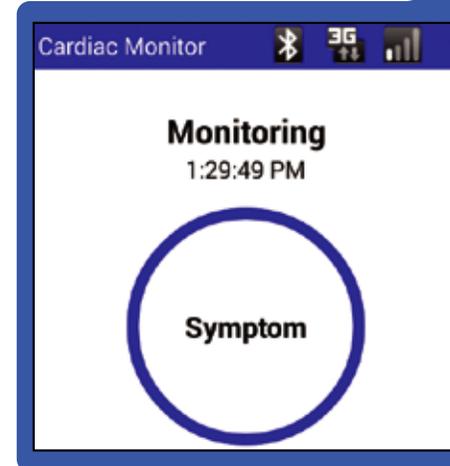
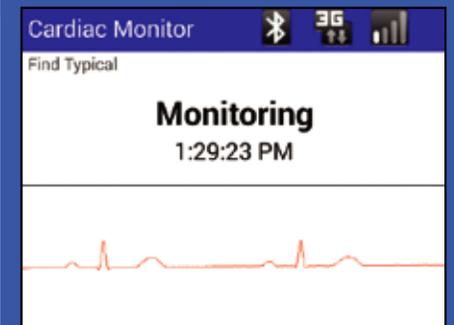
3. A list of Patient Preparation instructions will appear, which you can review but may have already completed. Tap **OK**.



*If you have a pacemaker or are connecting a child, change the settings on the Procedure Setup screen. If you need assistance, please call us at 877-996-5553.*

4. Tap **Accept Settings** to continue. The monitor will finish initializing and acquire your heart's electrical signal. This may take up to 60 seconds.

5. You will see the ECG waveform only during the signal acquisition process. You will not see it during your procedure.



6. When the monitor has recognized your heart's electrical signal, the waveform will disappear and the Handset screen will display Monitoring and a Symptom button.

**Your Event or MCT procedure is now running**

# During Your Procedure

## Wearing the Monitor

This device is designed for 24/7 monitoring, typically for up to 30 days. Your doctor will prescribe the exact duration of your procedure.

- Keep the Handset powered on, wear the Cable Cradle with the Pendant, keeping it powered on and keeping the electrodes attached to your chest, at all times – day and night – until the end of your procedure.
- Make sure the Pendant is always pushed fully down in the Cable Cradle and the Patient Cable is firmly plugged into the Cable Port.
- Check for a flashing **blue** light on the Pendant to make sure it is working properly and communicating with the Handset.
- Check for the word “Monitoring” on the Handset display to make sure it is working properly.
- Wear the monitor when you sleep and during your regular daily activities such as working, exercising, sexual activity, lounging, etc. But always follow your doctor’s instructions.
- DO NOT get any part of the monitoring system wet. See *Showering, Bathing, and Swimming* below.
- The Cable Cradle may be worn on the included breakaway lanyard or kept in a pocket. Make sure the Patient Cable stays firmly attached.
- Keep the Handset nearby yourself (within 10 feet) as much as possible so the Pendant and Handset can communicate.

## Changing Electrodes

- Change the electrodes every two days.
- When re-applying, change their locations on your chest slightly to lessen skin irritation.
- Review Step 2 for proper placement of the Patient Cable’s color terminals.  
*All Medicomp electrodes are hypoallergenic. Minor skin irritation is normal while wearing any electrode. If you experience excessive irritation that may interrupt your procedure, please call us for assistance at 877-996-5553.*

## Showering, Bathing, and Swimming

DO NOT shower, bathe, or swim with the Handset, Cable Cradle, Pendant, or Patient Cable, or in any other way get them wet.

- First, turn off the Pendant by pressing and holding the **Power** Button.
- Unsnap the terminal heads of the Patient Cable from the electrodes.
- Place the Handset, Cable Cradle, Pendant, and Patient Cable away from the water.
- You may keep the electrodes attached to your chest after removing the Cable.
- After drying your skin, re-attach the Patient Cable’s terminals to the electrodes. Be mindful of the proper placement of each color terminal. See Step 2.
- Press firmly on each electrode to make sure they are secure against your skin.
- Don’t forget to power the Pendant back on.

## Sleeping

Here are suggestions for sleeping:

- Place the Cable Cradle with Pendant beside you with the wires extended as much as possible so that you don’t roll over the monitor.
- Wear a nightshirt with a breast pocket and place the monitor in the pocket.

DO NOT wear the lanyard around your neck while sleeping.

## Handset Charging

The Handset battery percentage may be viewed on the bottom-left side of the Handset display. The Handset should be charged at least once per day. You should refer to the battery percentage, however, to determine when you need to charge the Handset. A good practice is to charge the Handset overnight by placing it on your nightstand close to where you sleep.

Insert the Charger Cord into the Handset’s Charger Port and into an electrical outlet. Please make sure the outlet is not controlled by a switch, which may prevent charging power.

## Pendant Battery Charging

The Pendant Battery is designed to last approximately seven days when fully charged. The Pendant will beep and display a flashing **orange** light when it needs to be recharged. Pendant Battery percentage may be viewed on the bottom right side of the Handset screen.



An extra Battery should be included in your kit. Simply replace the Battery immediately when it is necessary, so as to not interrupt your procedure, and then charge the depleted battery.

Locate the Battery Charger and Charger Cord in your monitor kit.

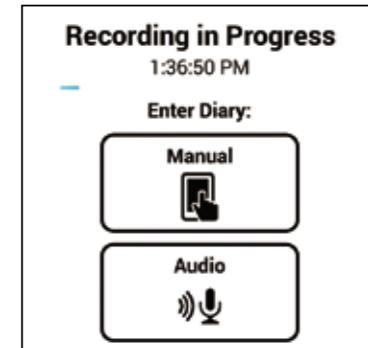


- First, power off the Pendant. Then, unlock the Battery by sliding the latch to the unlocked position and pull out the Battery.
- Insert the Pendant Battery into the Battery Charger and lock it in place by sliding the small latch into the locked position.
- Insert the Charger Cord into the Battery Charger Port and plug it into a wall outlet. Make sure the outlet is not controlled by a light switch. An **orange** light will flash on the Battery Charger while charging.
- When the light turns **green**, the battery is fully charged.

## Recording Symptoms



- When you experience a symptom, or at other times as directed by your doctor, press the **Symptom** button on the Pendant or tap **Symptom** on the Handset.
- The Handset will display *Recording in Progress*. If the screen has gone dark to conserve power, quickly press and let go the **Power** button to light it up.
- Tap either **Manual** or **Audio**. Manual means you will select from a list of options. Audio means you will speak your diary entry.



Follow the instructions below for either Manual or Audio.



### Manual

From the three drop-down menus, select your Symptoms, Location and Activity. Tap **Save** when finished.



### Audio

Speak clearly into the Handset microphone and describe your Symptoms, Location and Activity, Tap **Done** when finished.

## Extra Supplies

You should have enough supplies in your kit to last through the end of your procedure. If you need additional supplies, you may request them at no charge by submitting the *Request Supplies* form at [www.medicompinc.com/patient-center](http://www.medicompinc.com/patient-center) or call us at 877-996-5553.

# Monitor Diagram

## Handset

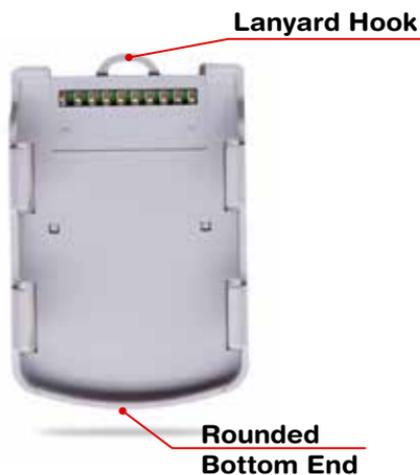
The locations of Handset controls may vary depending on the model you receive.



## Pendant



## Cable Cradle



## Battery



## Returning the System

When your procedure is complete, place the Handset, Pendant, Pendant Batteries, Battery Charger and Charger Cord – along with any unopened Electrode Patches and other unused accessories – back into the kit. Place the kit into the postage pre-paid return envelope included in the kit, seal it, and then place the package into your mailbox or any United States Postal Service mailbox to be delivered back to Medicomp.

### Property of Medicomp

All equipment is property of Medicomp.  
Please return promptly after use.  
Unreturned items may be invoiced.