

# TelePatch™

## Long-Term Holter



**Patient Guide**



**MEDICOMP**

*Advancing diagnostic cardiology since 1981*

# Welcome!

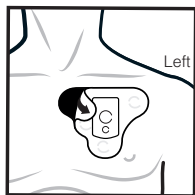


Your doctor has prescribed a Holter procedure for you using one of the two patch styles shown above. You should have been set up in your doctor's office.

When your procedure is complete, a **green** and **blue** light will blink alternately. **Promptly return the equipment and your completed diary to your doctor's office so that your data can be analyzed.**

## Replacing the Patch

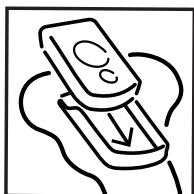
Leave the Patch on until it no longer sticks to your skin or until your procedure ends. An extra Patch is included in the kit. If necessary, apply water directly between the Patch and your skin to help remove it. The Patches are disposable. Be sure to remove the Pendant from the Patch Cradle before disposing.



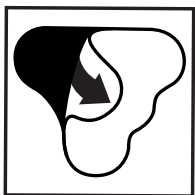
Remove Patch



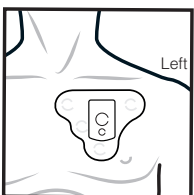
Open New Patch



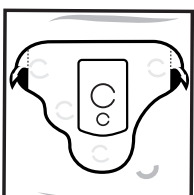
Insert pendant



Peel backing



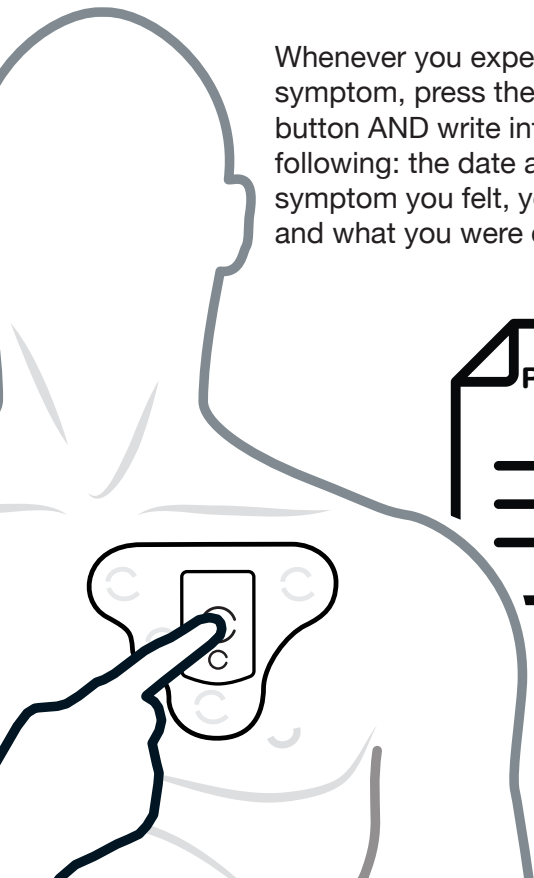
Adhere to chest



Remove Tabs

## Recording Symptoms

Whenever you experience a symptom, press the **Symptom** button AND write into a diary the following: the date and time, the symptom you felt, your location, and what you were doing.



## Restarting the Pendant

To power the Pendant on or off, press and hold the **Power** button. You should never power the Pendant off except when changing the Battery or replacing the Patch. The Pendant should automatically power on when a new Battery is inserted. If it does not, power it on manually.

**IMPORTANT:** Whenever the Pendant is powered on, the **green** light will flash *rapidly*. Press the **Symptom** button *three times* to start monitoring again.

You know the Pendant is working properly when you see the **green** light flashing *slowly*, about every four seconds. Any other visual or audible indication may mean the Pendant needs attention.



# Changing the Battery

The Pendant will beep and display a flashing **orange** light when the Battery needs to be changed (about once a week).

1. Power off the Pendant by pressing and holding the **Power** button.
2. Unlock the Battery and remove it from the Pendant.
3. Replace with a fully charged Battery and lock it.
4. Turn the Pendant on and restart monitoring. Refer to *Restarting the Pendant* on the previous page.

An extra Battery is included in the kit. Recharge the used Battery with the included Battery Charger and Charger Cord.



## Do's and Don'ts

- DO wear the Patch and Pendant day and night for the entire length of your procedure.
- DO make sure the Pendant is always powered on and working properly. Check for slow flashing green light.
- DO make sure the Pendant is pushed fully down in the Patch Cradle with the battery lock facing down.
- DO always power off the Pendant before removing its Battery or changing the Patch, and remember to turn it back on.
- DO wear the Patch and Pendant in the shower. It is water resistant, but try to avoid prolonged contact with water.
- DO dry both the Pendant and the Patch Cradle after getting wet.
- DO NOT swim with or otherwise submerge the Pendant in water.
- DO dispose of used Patches. Take out the Pendant from the Patch Cradle first.
- DO NOT dispose of the Pendant or Batteries.

## **Need Help?**

We're here to help 24 hours a day.

Visit the online Patient Center at  
**[medicompinc.com/patient-center](http://medicompinc.com/patient-center)**

Call **877-996-5553**

Email **[patientsupport@medicompinc.com](mailto:patientsupport@medicompinc.com)**