

TelePatch™

Monitoring System

Quick Start Patient Guide

For Event and MCT Procedures

What you need to get started:



**TelePatch
Handset**



**TelePatch
Electrode Patch**



**TelePatch
Pendant**



**TelePatch
Pendant Battery**



**Razor (if needed,
not supplied)**



**Electrode Skin
Prep Pad**

We're here to help 24 hours a day:
Visit the Patient Center on our website at
medicompinc.com/patient-center
or call us toll-free at 877-996-5553.

Please Note

This guide only provides basic information to help you get started quickly. We encourage you to refer to additional help resources online, including a video and a comprehensive user's manual, by visiting medicompinc.com/telepatch/userinfo.

Optional Wired or Fingertip Electrodes

If your doctor prescribed *TelePatch* using the optional patient cable with wired electrodes or using the integrated fingertip electrodes, please see the *TelePatch* User Manual for instructions and more information. WARNING: Using wired electrodes and the lanyard accessory may present a choking hazard. Adult supervision is required.

Monitor Diagram

Handset



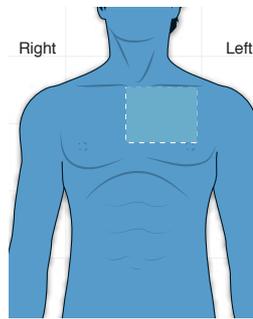
Pendant & Battery



1

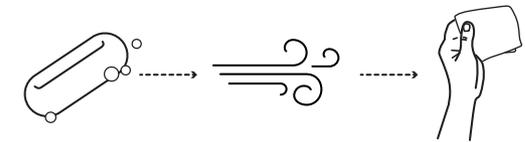
Prepare Your Skin

Take care in preparing your skin for application of the electrode patch. Good skin preparation means better ECG signal traces that, in turn, are easier for your doctor to review and evaluate. Using the illustration as a guide, find the area of your chest where the electrode patch will be applied.



Shave the area if hair is present using the electrode patch as a guide for the size of the area to shave. This insures good contact and makes the electrode patch easier to remove.

Wash the area well with PLAIN soap and water, and then dry thoroughly.



You should not use soap that contains lotion, oil or fragrance.

Use the Electrode Skin Prep Pad to remove oils and assist with prepping the skin, and then let dry. (Necessary only before applying the first Electrode Patch.)

2

Assemble the Patch and Start Pendant



Attach a fully charged* Pendant Battery onto the back of the Pendant, and then lock it in place by sliding the small latch into the locked position.
 ◀ The Medicomp label on the battery should be face up.

The Pendant should start when a charged battery is inserted, indicated by flashing lights and a three-tone chirp sound. If it does not start, turn on the Pendant manually. You may turn the Pendant on and off by pressing and holding the Power button.

**When you first receive your monitoring kit, the Pendant Battery should be fully charged. If you discover that it is not fully charged, please charge it. See the section, During Your Procedure, for instructions.*



Insert the assembled Pendant into the cradle on the Electrode Patch. You should hear a click indicating the Pendant is securely inserted.

Tip: Take care not to insert the Pendant upside down. Be sure the slightly curved end of the Pendant — the end at the bottom below the power button — is flush against the matching beveled part of the cradle.

3

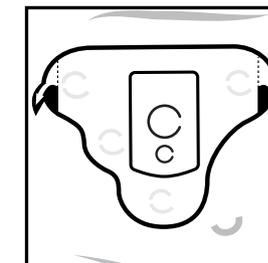
Apply to Chest



Peel the backing from the back of the Electrode Patch. Hold the white tabs on the ends of the patch to avoid touching the adhesive coating.



Press the Electrode Patch firmly on your skin in the proper position the left side of your chest. See illustration. Be careful not to press the buttons of the Pendant itself.



Once it is firmly adhered to your skin, peel the remaining white tabs on the patch so the whole surface of the patch is affixed to your skin.

Tip: Be sure the assembled Electrode Patch and Pendant are not upside down on your chest. The Medicomp logo should be at the top and the Power button should be at the bottom.

4

Start the Handset

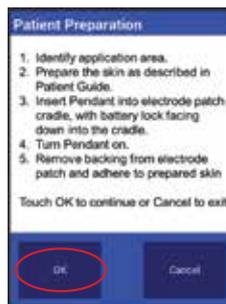


Press & Hold Power Key

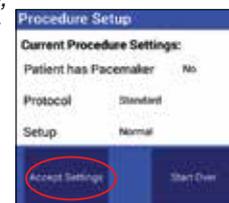
Turn on the Handset by pressing and holding the **Power Key** located on the upper-right side. Wait for the Handset to run through its initialization process until the main screen appears.



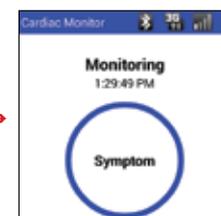
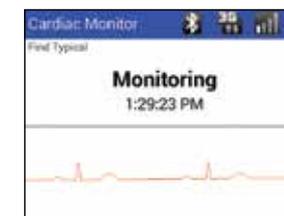
Tap **Start Procedure** on the Handset.



A list of Patient Preparation instructions will appear, which you can review but may have already completed. Tap **OK**.
If you have a pacemaker or are connecting a child, change the settings on the Procedure Setup screen. If you need assistance, please call us at 877-996-5553.



Tap **Accept Settings** to continue. The monitor will finish initializing and acquire your ECG signal.



When the Handset has recognized your ECG, the ECG waveform will disappear and the screen will display **Monitoring** and the word **Symptom** in a circle.

Your cardiac monitoring procedure is now running

During Your Procedure

Wearing *TelePatch*

The *TelePatch* system is designed for 24/7 monitoring, typically for up to 30 days for event and mobile cardiac telemetry (MCT) procedures.



You should wear *TelePatch* and have both the Pendant and Handset turned on and monitoring your heart at all times during the length of your procedure, including when you sleep and during your regular daily activities such as working, exercising, sexual activity, showering, etc. But always follow your doctor's instructions. (See information about Water Resistance below). Keep the Handset close (within 10 feet) as often as possible so data transfer can occur.

Periodically, the Electrode Patch will need to be changed, and the Pendant Battery and Handset will need to be charged. See the following sections for instructions.

Tip: For the meaning of various audible and visual indicators, visit medicompinc.com/telepatch/userinfo

Water Resistance



The Electrode Patch and Pendant are water resistant. They will withstand brief periods in contact with water – such as when showering.

You can and should wear the Electrode Patch and Pendant while showering but do not submerge or soak the devices in water. **Please make sure to dry both the pendant and the plastic on the patch that holds the pendant after getting wet.**

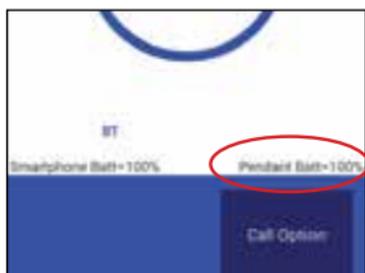
The Handset and other accessories are not water resistant. Please take precautions to prevent the Handset from any moisture.

Patch Replacement

The Electrode Patch has been designed to last approximately seven days on average. Leave the Electrode Patch on until it no longer sticks to your skin or **change the patch once a week** so not to irritate your skin. (Extra Electrode Patches are included in the kit.) The Electrode Patches are disposable. Make sure to remove the Pendant from the Electrode Patch cradle before disposing.

Pendant Battery Charging

The Pendant Battery is designed to last approximately seven days from a fully charged state. The Pendant will beep and display a flashing orange light when it needs to be recharged. Pendant Battery percentage may be viewed on the bottom right side of the Handset screen.



Locate the Battery Charger and Charger Cord in your monitor kit.



On the Pendant, unlock the battery by sliding the latch, and then pull out the battery.



Insert the Pendant Battery into the Battery Charger and lock it in place by sliding the small latch into the locked position.

Insert the Charger Cord into the Battery Charger and plug it into a wall outlet. Make sure the outlet is not controlled by a light switch. An orange light will flash on the Battery Charger while charging. When the light turns green, the battery is fully charged.

Handset Charging

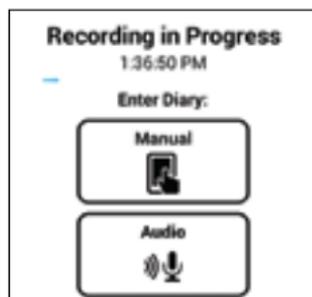
The *TelePatch* Handset needs to be charged at least daily. A good practice is to charge it nightly next to your bed. Insert the Charger Cord into the Handset's Charger Port and plug it into a wall outlet. Make sure the outlet is not controlled by a light switch. Handset battery percentage may be viewed on the bottom left side of the Handset screen.

Recording Symptoms

When you experience a symptom, or at other times as directed by your doctor, press the **Symptom** button on the Pendant or tap **Symptom** on the Handset.

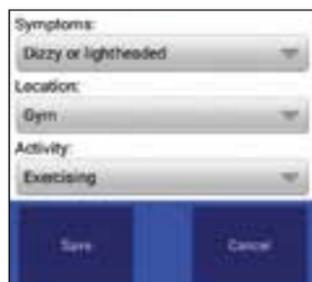


The Handset will display *Recording in Progress*. If the screen has gone dark to conserve power, quickly press and let go the **Power Key** to light it up.



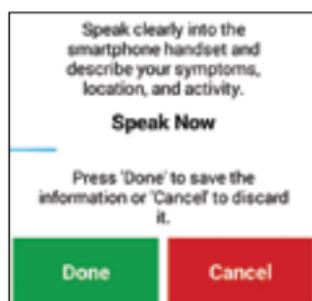
Tap either **Manual** or **Audio**. Manual means you will select from a list of options. Audio means you will speak your diary entry.

Follow the instructions below for either Manual or Audio.



◀ **Manual**

From the three drop-down menus, select your Symptoms, Location and Activity. Tap Save when finished.



◀ **Audio**

Speak clearly into the Handset microphone and describe your Symptoms, Location and Activity, Tap Done when finished.

Returning the *TelePatch* System

When your procedure is complete, place the *TelePatch* Handset, Pendant, Pendant Batteries, Battery Charger and Charger Cord – along with any unopened Electrode Patches and other unused accessories – back into the the *TelePatch* Kit. Place the kit into the postage pre-paid return envelope included in the kit, seal it, and then place the package into your mailbox or any USPS mailbox to be delivered back to Medicomp.

Property of Medicomp

All equipment is property of Medicomp.
Please return promptly after use.
Unreturned items may be invoiced.